

It's more than just a walk!

## Location

Ministry Health Care  
2501 Main Street  
Stevens Point, WI 54481



Participants in the 6<sup>th</sup> Annual Walk for Hope will be guaranteed an event T-shirt with a completed registration form received by August 26, 2011.

Registration fees  
**\$20** per individual or  
**\$30** per household

A limited number of scholarships are available for registration fees.

Your support will help Healthy People Portage County - Suicide Prevention and Mental Health Awareness Committee continue its work of providing:

- Survivors of Suicide Support Group
- Community Education
- Mental Health Awareness
- Community Speakers
- Teen Screen
- QPR Trainings

## There is Hope . . .

. . . that one day a suicide attempt will not be made every minute in the U.S.

. . . that one day a person will not die by suicide every 15 minutes in the U.S.

. . . that one day suicide will not be the 3<sup>rd</sup> leading cause of death among those 15 -24 years old.

. . . that one day the early recognition and treatment of depression and other psychiatric illnesses will reduce the number of suicides.

. . . that one day the stigma of mental illness will no longer exist.

**. . . for a brighter tomorrow.**

## Registration

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Registration fee is:

- \$20 per individual or  
 \$30 per household

Total fees enclosed \$ \_\_\_\_\_

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City/Village \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

T-shirt size:

- Adult:  Small  Medium  Large  
 XL  XXL

Please check one. I am planning to walk:

- 2 miles  5 miles

Make your check payable to **Portage County** and return it with this completed registration form to:

PCHHS

817 Whiting Avenue  
Stevens Point, WI 54481

Attn: Gary Garske

### MUST BE SIGNED BEFORE PARTICIPATING

In consideration of my entry acceptance in the 2 or 5 mile "Walk for Hope," I release and discharge all walk officials from any and all liability arising from illness, injuries, and damages I may suffer as a result of participating in this event that is up to a 5 mile "Walk for Hope". I also understand and agree that a walk official may subsequently use, for publicity and promotion purposes, my name or picture of me participating in this event without obligation or liability to me. I have read the entry information provided and certify my compliance by my signature below.

**Signature of Participant** \_\_\_\_\_

**Date** \_\_\_\_\_

**Signature of guardian required if participant is under 18 years of age.**

  
MINISTRY HEALTH CARE



For more information contact 715-345-5958  
[www.healthypeopleportagecounty.org](http://www.healthypeopleportagecounty.org)





## Present at Hope Fest 2011

### Gretchen K. Hintz, therapist Children's Service Society of Wisconsin

Gretchen helps youth with emotional and behavioral issues which interfere with their family, social, and academic life. She works with youth and their families who are struggling with mental health issues such as depression, anxiety or other mental health issues. Gretchen will provide a presentation on how to talk to your kids about mental health issues including suicide, and will be open for questions about youth and other mental health issues.

### Gizmo The Illusionist

For over 20 years, Green Bay native Mike Gegare has been dazzling audiences with magic of all kinds. His "sleeves up" approach to professional quality magic is sure to leave any audience baffled and talking about the performance for days to come!

### David Dall, Musician/Storyteller

A kindergarten teacher in Rhinelander for over 20 years, David holds a Master of Arts degree in education. David Dall has been featured at libraries, schools, colleges, family gatherings, festivals, and community celebrations of all kinds and has been performing throughout the Midwest for over 30 years. His shows are guaranteed to be entertaining for an audience of all ages.

### ShArDs of HOPE A Suicide Prevention Documentary

Produced by Sarah Rudolph and directed, written and edited by Rick Humphreys, Pattie Knight, and Victor Murkowski. This documentary on suicide prevention will be shown throughout the day.

## About the Event

Saturday, September 10, 2011

### Schedule of events

Registration	9:00 AM
Presentation of the 2011 Providing Hope Award	9:30AM
Walk for Hope	9:45 AM
Celebration/snacks	11:30 AM
2011 Hope Fest	11:00 AM
Till	2:00 PM

## 2011 Providing Hope Award Recipient

### ROCC POINT

ROCC Point is a goal driven recovery center for people experiencing mental health/illness issues. On-site peers are available to share their experiences and recovery processes to help support recovery for participants. ROCC Point staff assists participants in setting and achieving goals and assisting participants to develop meaningful relationships and support systems.

## NEW this year, HOPE FEST - a family event on mental health awareness, which includes:

For Parents ~

Child therapist presentation  
Documentary on suicide prevention  
Resources on mental health

For Kids~

Story Artist  
Illusionist  
Face painting  
Bounce house



## 6th Annual Walk for Suicide Prevention and Mental Health Awareness

# Saturday September 10, 2011

Proceeds support the work of  
HPPC ~ Suicide Prevention and  
Mental Health Awareness  
Committee in Portage County

Organized and sponsored in part by

